**Mission:**

Our mission is to improve the state system of care for mental health and substance use challenges by magnifying the voice of the individuals with lived experience and their families, and by making specific recommendations for improvements as required by federal and state statutes. Federal Title 42 § 300x–3, State Title 34-B §3609

**Vision:**

The QIC wants every person in Maine to have access to the highest quality mental health and substance use services in an environment of respect and empowerment.

**Values:**

1**.** We are focused on improving the system as a whole (the mental health and substance use disorder system).

2. We believe in equal access to a fair system of high-quality services.

3. We respect all individuals.

4. We value diversity, equity, inclusion, and accessibility.

5. We value input from all stakeholders.

6. We are especially interested in hearing, amplifying and acting on the voices of those with lived experiences and their families.

7. We earn trust through demonstrating integrity, passion, and commitment to all of our work.

Welcome, Announcements, Adjustments to the Agenda (9:00-9:05) (5 mins)

Establish Quorum

Attending:

|  |  |  |
| --- | --- | --- |
| ~~Ariel Linet~~ | Joel Gilbert | Richard Ladd |
| ~~Bill Lowenstein~~ | ~~Liz Remillard~~ | Robin Levesque |
| Bobbi-Jo Bechard | Liz Wing | Sarah Ferguson |
| ~~Brianne Masselli~~ | ~~Malory Shaughnessy~~ | Sharon Jordan |
| Christina Hardy | ~~Michael Freysinger~~ | Stephanie Farquhar |
| ~~Dean Bugaj~~ | Narissa Seamans | Susan Parks |
| Diane Bouffard | ~~Polly Finlay~~ | Vickie McCarty |
| Jeff Tiner | Alexandria Gouthier | Virginia Jewell |
| ~~Jessica Wood~~ |  |  |

Any changes to the agenda? None

(9:05-10:00) (55 mins)

Strategic plan goals C, D and E

C. 1. Complete

C. 2.

* No report on Tracy Auclair – Diane will follow up
* Awareness and Impact Committee members – Robin Levesque, Liz Wing, Alexandria Gauthier – Robin will reach out to set up a meeting.
* The brochure will need to be updated

D. 1.

* Membership Committee – chair Susan Parks, Diane Bouffard, Ginny Jewell, Bobby-Jo Bechard – Susan will make a Doodle poll to make a meeting time prior to 5/26
* Interview questions need updating

D. 2.

* Susan Parks will make contacts for recruitment

D. 3.

* Membership Committee will discuss onboarding

D. 4.

* Membership Committee will discuss mentorship

E. 1.

* Narissa is working on scheduling a meeting with VT and NH
* TA from SAMSHA

E. 5.

* The Executive Committee will work on Job Descriptions – Sarah will set up a Committee meeting

Departmental, Committee and Workgroup Updates: 10:00-10:45 (45 Minutes)

* OCFS –

***SOC Steering Committee***

The System of Care Steering Committee is creating recommendations to improve Children’s Behavioral Health Services. The Steering Committee consists of parents, youth, MAFO, and CBHS staff. The Committee meets monthly to formulate these recommendations and solutions, based on agreed upon problems/ challenges they believe need addressing .

Once finalized, the recommendations will be submitted to OCFS Leadership as a formal recommendation to improve Children’s Behavioral Health, as it relates to the System of Care and incorporating Family Driven/ Youth Guided Principles into practice.

***Certified Community Behavioral Health Clinics (CCBHC) – for children and adults***

**Maine DHHS Certified Community Behavioral Health Clinic (CCBHC) Initiative**

Maine DHHS committed to implementing a CCBHC model through MaineCare to embrace whole-person and -family behavioral healthcare and support quality-driven health improvements for Maine people across the lifespan by July 2024.

**What is a CCBHC?**

A CCBHC model is designed to ensure access to coordinated comprehensive behavioral health care and are required to provide nine core services, which they can provide directly or via formal relationships with another agency called a Designated Collaborating Organizations (DCOs):

1. Crisis Support and Connection to Crisis Services
2. Treatment Planning
3. Screening, Assessment, Diagnosis & Risk Assessment
4. Outpatient Mental Health & Substance Use Services
5. Targeted Case Management
6. Outpatient Primary Care Screening and Monitoring
7. Community-Based Mental Health Care for Veterans
8. Peer and Family Support Services
9. Psychiatric Rehabilitation Services, such as coaching and skill development

**How can it help?**

Nationally, other states who have implemented the CCBHC model have seen standard definitions for quality services and an increase in the delivery of evidence-based practices. Additionally, CCBHCs are required a no wrong door approach to access integrated mental health and substance use needs across the lifespan and regardless of ability to pay. CCBHCs are required to offer care coordination to anyone, regardless of insurance, connecting children, families, and adults with needed community and medical services. Additionally, CCBHCs across the country have seen a decrease in long waitlists for services and readmission to previous services due to the increase in hiring of clinicians and staff, including peer support positions.

**Who will be eligible?**

CCBHCs are required to serve anyone who requests care for mental health or substance use, regardless of their ability to pay, place of residence, or age - including developmentally appropriate care for children and youth.

We can have subject matter experts come in and speak to the QIC for a future discussion if you are interested.

***Positive Parenting Program (Triple P) Online***

Triple P-Online is designed to offer parents support for encouraging children’s positive behaviors; managing misbehaviors, tantrums, and disobedience; and teaching children new skills. Triple P-Online includes 8 modules intended to help parents understand the foundations of positive parenting, manage children’s behaviors, teach children new skills, deal with disobedience, plan ahead to prevent problems, raise confident children, and apply consequences and rewards. In addition to the online modules, parents can access individualized workbooks, worksheets, podcasts, and module summaries.

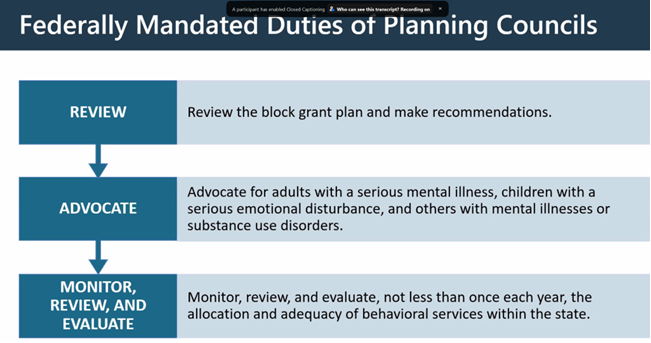
Along with supporting practitioner led Triple P sessions under MaineCare Section 65, CBHS is in the process of finalizing contracting in order to purchase codes for Triple P online that may be distributed to families in order to provide additional support with addressing child behaviors, promoting new skills and help emotional self-regulation, and raise happier, more confident and capable children that parents are able to access at their own pace.

More info to come on the Department’s plans for distribution, and online info available at [Positive strategies for even the most challenging parenting moments. | Online Parenting Program | Triple P (triplep-parenting.com)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.triplep-parenting.com%2Fus%2Fabout-triple-p%2Fhelp-your-child-cope-with-challenges%2F&data=05%7C01%7CSarah.Ferguson%40maine.gov%7C2e201077e3be4f3a679108db4d723ea3%7C413fa8ab207d4b629bcdea1a8f2f864e%7C0%7C0%7C638188925294217800%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=hMoSuugKKxo2qtfTGbRxDVGS6w4rmAfFnL4o2C9tVq4%3D&reserved=0)

* DOE –
  + Maine DOE Invests $9 Million to Increase School-Based Mental Health Staff and Services - Funded Through the Bipartisan Safer Communities Act, EASE Maine Will Provide Five Years of Funding to Support Hiring School-Based Mental Health Providers and Increase Mental Health Services in Nine SAUs;
  + The Maine Department of Education (DOE) is accepting applications from school administrative units (SAUs) and Education in the Unorganized Territory (EUT) to be part of a 3-year First 10 Community School pilot project funded through Maine’s Preschool Development Grant. Developed by Education Development Center, First 10 Community Schools bring together school systems, early childhood programs, and community partners/agencies to improve care and education for young children and their families throughout the first 10 years of children’s lives.  This model works to improve teaching and learning, deepen partnerships with families, and provide comprehensive services for children and families.
* OBH 
* DVR – Intake unit begins 5/10 processing online applications, Step-Up Program at UMaine for students with ASD planning to attend college, new staff hired in Augusta, Presque Isle and Portland, working to streamline services for Veterans who are Incarcerated, working with Career Centers, College Bus Tours in the summer have been scheduled, PEERS Group ended their 14 week cycle this week, DVR has liaison with Maine AgrAbility, The Maine AgrAbility Project is dedicated to helping farmers, fishermen, and forest workers work safely and more productively. The Windmills Training has been completed to 4 of the 14 Apprenticeship grant awardees. Most have been scheduled throughout summer. The Windmills Training Program is a disability awareness training program that equips business leaders with the knowledge, skills, and tools to create an inclusive workplace where all employees can thrive. The Transition Counselors have been working on setting up summer work experiences for youth, where we usually service up to 200 students each year.
* DOC
* MH updates
* ADP is currently about 1,700- breakdown is 160 women, 1540 men.
* Of that 1700- around 1,100 or 65% of our population are on at least one psychiatric medication.
* Wellpath, our DOC comprehensive medical care provider answers, on average, 590 mental health sick calls a month- this is where a facility resident is requesting to see a Mental health provider.
* The Intensive Mental Health Unit (IMHU) at Maine State Prison averages 26 residents.  Due to improved procedures, policies, and training, the IMHU has had a significant decrease in incidents this past year, and there has been almost no incidents for a few months in a row now.  Incidents can include assaults on staff or resident on resident fights, involve medications, self-abuse, suicidal behaviors, as well as the need for staff to use any type of restraints.

SUD Updates

* 42% of men and 66% of women are on a medication for substance use disorder.  The availability is there for all where it is clinically indicated, but seems a higher prevalence in women, or in those willing to accept this form of treatment.
* Around 200 residents are receiving outpatient or Tier 2 substance use disorder treatment, and around 80 are receiving residential level, or more intensive Tier 1 substance use disorder services.
* Member voting –
  + Bobbi Jo Bechard, Agency Provider at LINC - Unanimously voted yes to be a member of QIC, is on Membership Committee and Adult Committee
  + Polly Finlay, MBH - Unanimously voted yes to be a member of QIC



Final Items (10:45-11:00) (15 Minutes)

Approve minutes – Minutes 4/7/23 approved

Approve treasurer report – no report

Set the next agenda – Committee reports

* Executive – Job descriptions
* Legislative – January event
* Membership – Interview questions, recruitment, onboarding, mentorships
* Awareness and Impact – brochure update

No July Full QIC – If a committee would like to meet on 7/7, contact Diane or Ginny for the Zoom account information

Adult and Children Subcommittee meetings (11:00-12:00) (60 minutes)

* Children’s Committee – Crystal Arbour, OCFS,
  + Child Care Subsidy Program (CCSP)
  + Maine Early Childhood Consultation Partnership (ECCP)
  + Help Me Grow
* [RisingStarsforME\_FamilyBrochure.pdf (maine.gov)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.maine.gov%2Fdhhs%2Fsites%2Fmaine.gov.dhhs%2Ffiles%2Finline-files%2FRisingStarsforME_FamilyBrochure.pdf&data=05%7C01%7CSarah.Ferguson%40maine.gov%7C818c25a9717f4bcacc0f08db4d97617b%7C413fa8ab207d4b629bcdea1a8f2f864e%7C0%7C0%7C638189084939341841%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=xob1o6PqgHtn1yQlrFIh4xEmIuZj%2BwtUeyMigjbg2Cw%3D&reserved=0)
* [Paying for Child Care | Department of Health and Human Services (maine.gov)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.maine.gov%2Fdhhs%2Focfs%2Fsupport-for-families%2Fchild-care%2Fpaying-for-child-care&data=05%7C01%7CSarah.Ferguson%40maine.gov%7C818c25a9717f4bcacc0f08db4d97617b%7C413fa8ab207d4b629bcdea1a8f2f864e%7C0%7C0%7C638189084939341841%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=cpztxLCy9%2B4LEhSzNQwO1%2BGU2sDR4xfuE87lTUVXT3U%3D&reserved=0)
* [Early Childhood Educator Workforce Salary Supplement Program | Department of Health and Human Services (maine.gov)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.maine.gov%2Fdhhs%2Focfs%2Fprovider-resources%2Fearly-childhood-educator-workforce-salary-supplement-program&data=05%7C01%7CSarah.Ferguson%40maine.gov%7C818c25a9717f4bcacc0f08db4d97617b%7C413fa8ab207d4b629bcdea1a8f2f864e%7C0%7C0%7C638189084939341841%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=OrV8i0MwmO7Q3MWQPsvr7kYaKr4RDWSIp64wvkoJeZs%3D&reserved=0)
* [Quality Rating and Improvement System (QRIS), Rising Stars for ME | Department of Health and Human Services (maine.gov)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.maine.gov%2Fdhhs%2Focfs%2Fsupport-for-families%2Fchild-care%2Fqris&data=05%7C01%7CSarah.Ferguson%40maine.gov%7C818c25a9717f4bcacc0f08db4d97617b%7C413fa8ab207d4b629bcdea1a8f2f864e%7C0%7C0%7C638189084939341841%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=oDcLf6SDelLVD5%2BI%2BFM8LKLa%2FJJ6A6U3R0SYqvwwbUw%3D&reserved=0)
* [Child Care Choices | Providing Maine families with resources to make decisions about child care!](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchildcarechoices.me%2F&data=05%7C01%7CSarah.Ferguson%40maine.gov%7C818c25a9717f4bcacc0f08db4d97617b%7C413fa8ab207d4b629bcdea1a8f2f864e%7C0%7C0%7C638189084939341841%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=7AzxHMxZlujNqg0mgob%2Bd%2Fq9b5CSZldUZLgmwoQM828%3D&reserved=0)
* [Maine Roads to Quality Professional Development Network | Promoting and supporting professionalism in the early care and education field (mrtq.org)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmrtq.org%2F&data=05%7C01%7CSarah.Ferguson%40maine.gov%7C818c25a9717f4bcacc0f08db4d97617b%7C413fa8ab207d4b629bcdea1a8f2f864e%7C0%7C0%7C638189084939341841%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=71eL1sCCcPFU1gH1DZ7GemGnY1xnm4H4qi3s9QAaWJ0%3D&reserved=0)
* [Maine State Child Care Infrastructure Grant Program | CEI (ceimaine.org)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.ceimaine.org%2Fmaine-grants%2Fchild-care-infrastructure-grant-program%2F&data=05%7C01%7CSarah.Ferguson%40maine.gov%7C818c25a9717f4bcacc0f08db4d97617b%7C413fa8ab207d4b629bcdea1a8f2f864e%7C0%7C0%7C638189084939341841%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=rfvCaSOkE89VCW6VRDMpoMG%2BbNh10QYhNIrjvd%2FTovo%3D&reserved=0)